

# Hey Families!

## FSDB Kids Know About Positive Behavior Support

Take this “tool from school” and put it to use in your home!

As we transition to Distance Learning in the home environment, there are bound to be hurdles along the way. Use your students knowledge of PBS to set the stage for positive expectations and interactions.

Do you remember the BIG 3?

*Be Respectful  
Be Responsible  
Be Cooperative*

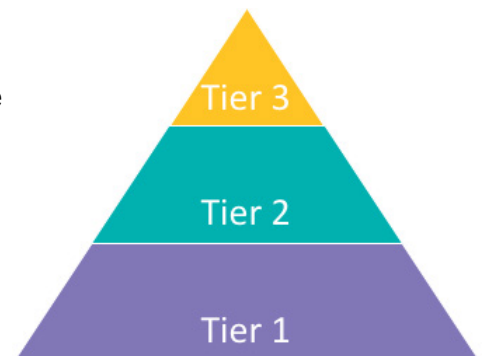
We are collecting ideas and developing resources to help you.

- \*Set up a workstation at home for your child
- \*Develop plans for routines in the home
- \*Have family meetings

This triangle is a perfect visual for our PBS program! Do you know why? PBS is based on the idea that everyone needs supports to be successful. This is the bottom of the triangle or tier 1. If a child's needs increase so the do the individualized supports.

**You can use this technique in your home too!** Setting up a positive learning environment with clear expectations for behavior is a very important first step to take for all the children in your home. Developing a plan that will work best for your family will take some time.

**We are all in this together!**



If your family needs additional support, please remember that our FSDB counselors and behavioral specialists are available and committed to our FSDB students and families.



If you participated in any of the Love and Logic parent classes or workshops, now is a good time to pull out those materials.

Love and Logic is a technique that uses empathy, decision making, natural consequences, and love to support a healthy relationship between children and the adults in their lives.