



Florida School for the Deaf & the Blind

Do More. Be More. Achieve More.

State-Required Health & Safety Training

In accordance with Florida Board of Education Rule 6A-1.094122, the Florida School for the Deaf and Blind (FSDB) provides **Substance Use and Abuse Health Education** instruction to students in grades K-5 through the Drug Abuse Resistance Education (D.A.R.E.) program. This program is presented by FSDB Police personnel in conjunction with teachers and mental health team.

- Students in Grades K-2 participate in five 30-minute classes on personal safety and responsibility.
- Students in Grades 3-4 participate in five 30-minute classes focused more on drugs, bullying, responsible decision making, conflict resolution, and gangs.
- Students in Grade 5 participate in 10 one-hour classes focused on the dangers of drugs, alcohol and Tobacco.
- Students in Grades 6-8 participate in instruction infused into their physical education/health education classes, with instruction led by teachers certified in physical education.
- Students in Grades 6-12 participate in annual instruction on Drug Abuse and Alcohol Prevention through small group instruction using the Human Relations Media Library video series and curriculum. This curriculum is supported by our FSDB Police and our Mental Health Teams. Students also receive instruction during their required Health Opportunities Through Physical Education (H.O.P.E.) classes following the Essential Health High School Curriculum.

Florida Board of Education Rule 6A-1.094123, F.A.C., was approved by the State Board of Education on September 20, 2019. This rule requires school districts to annually provide instruction to students in grades K-12 related to **Child Trafficking Prevention and Awareness Education**.

- Students in Grades K-12 participate in the Safer, Smarter Kids Abuse Prevention curriculum at all levels. The information is presented by Licensed Mental Health Counselors, Licensed Clinical Social Workers, Psychologists, School Counselors, and Certified Teachers. The curriculum is developmentally appropriate and instructs students in Personal Boundaries, Internet Safety, Being the Change, and Personal Power.

Florida Board Rule 6A-1.094121 requires schools to provide 5 hours of **Mental and Emotional Health Education** to students in grades 6-12.

- Students in Grades 6-12 participates in our school-required trainings via our Positive Behavioral Interventions and Supports (PBIS) program. All students receive trainings in: Digital Citizenship, Personal safety online, Diversity and Bullying Prevention, Teen Dating and Violence, and Stress Management. These are broken into topics that are presented monthly with our PBIS coaches and Mental Health personnel. Mental Health Education is being embedded into these topics. Our school already structures large and small group assemblies and pull outs from classes for training on these topics, with mental health personnel available for student support during sensitive topics. Study Halls and Unique Skills classes are established for assemblies and pull out support. Material for these topics come from research-based Second Step curriculum, Safer, Smarter Kids, LEAPS Social Emotional Learning for Kids, and I-Safe.